



We Are Columbia

# PRESS RELEASE

Public and Media Relations Department

(P) 803-545-3020 | (F) 803-343-8719

[pio@columbiasc.net](mailto:pio@columbiasc.net) | [www.columbiasc.net](http://www.columbiasc.net)

## FOR IMMEDIATE RELEASE

Wednesday, June 1, 2016

Contact: Shireese M. Bell at 803-760-9125 or [smbell@columbiasc.net](mailto:smbell@columbiasc.net)

### **Charles R. Drew Wellness Center Pool to Offer Free Group Exercise Classes**

Pool Reopening Ceremony/10<sup>th</sup> Anniversary Celebration to be held Saturday

In honor of its 10<sup>th</sup> Anniversary, the Charles R. Drew Wellness Center will offer free group exercise classes to the public June 1-3.

The following classes are free and open to the public.

#### **Wednesday, June 1**

5:45-6:30 p.m., Cycle

#### **Thursday, June 2**

12-1 p.m., Zumba

#### **Friday, June 3**

6:30-8 p.m., 30-minute demos in Zumba, Cardio Sculpt and Yoga

On **Saturday, June 4**, the City of Columbia and the Drew Wellness Center will celebrate the reopening of the wellness center's pool area with a grand reopening ceremony at 11 a.m.

The event will also include a celebration for the center's 10<sup>th</sup> anniversary which will feature a Kids Healthy Snacks Showcase, the Columbia Housing Authority's Mobi-Rec bus and Kids Activity Zone (games, relay races, arts & crafts, flag football and more!)

For more information, call the Charles R. Drew Wellness Center at 803-545-3200.

###