



We Are Columbia

PRESS RELEASE

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Mayor Benjamin to host final Move with the Mayor walk featuring Marcus Lattimore, free lunch, free cholesterol screening for World Heart Day

COLUMBIA, S.C. (September 27, 2016) – Columbia Mayor Steve Benjamin will host the final walk of the Move with the Mayor challenge at 11 a.m. on Thursday, Sept. 29 at City Hall in celebration of World Heart Day.

Mayor Benjamin will be joined by Marcus Lattimore, former Gamecock football player, and participants will walk from City Hall (1737 Main St.) to the State House and back.

In addition to the walk, Palmetto Health will provide free cholesterol screenings from 10:30 a.m. – 12 p.m. in the lobby of City Hall. There will also be a heart-healthy lunch for participants of the walk provided by the National Forum for Heart Disease and Stroke Prevention.

For more information, contact Lauren Harper at 803-908-2603.

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About the National Forum for Heart Disease & Stroke Prevention

The National Forum for Heart Disease & Stroke Prevention brings together the most dynamic and diverse organizations in cardiovascular health, providing a forum and outlet for organizations to amplify their voices. Our members currently represent more than 80 national and international organizations from the public and private healthcare organizations, as well as faith, advocacy, academic, and policy settings. The National Forum is a tax-exempt, independent non-profit, 501(c)(3), voluntary health organization.

